

## **Benicia Middle School Color Guard 2019-2020**

Welcome to the award-winning Benicia Middle School Color Guard! This is going to be a fun and exciting year, with a jam-packed parade season and competitive Winter Guard! Attached you'll find the BMS attendance/academic policy, a rehearsal/performance schedule for the fall season; staff contact info, and an information sheet to fill out and return. This packet is intended to give you a general idea of what to expect for the upcoming season, along with supply lists!

### **What is Color Guard?**

Color Guard, known as "The Sport of the Arts," is a dance-based activity in which students learn a choreographed dance and prop routine to music. Incorporating styles of Jazz, Modern, and Ballet with the use of Flags, Rifles, Shields, and Sabres, the choreography and show design operates as the "visual enhancement" to the music performed by the marching band. In Winter Guard, the students perform a longer routine to recorded music in a more theatrical setting (indoors performances.)

Benicia has a long-standing history of success, which requires a full commitment mentally and physically from performing members. **As this is a synchronized activity, it is imperative that all students attend every rehearsal in order to learn technique, consistency, and how to be a team player.** This activity relies on the work of all students equally, and in order to achieve success we must all commit to giving 110% of our efforts at all times.

**FALL MARCHING REHEARSAL/PERFORMANCE SCHEDULE:** *A Winter Guard schedule will be sent out by the beginning of October \*\**

**Fall Guard -Every Tuesday/Thursday: 3:30-5:30pm** *(Please see attached calendar for additional rehearsals/camps)*

**Sat, Oct. 19, 2019- SANTA CRUZ BAND REVIEW**

**Sat, Oct. 26, 2019- FOOTHILL BAND REVIEW**

**Sat, Nov. 16, 2019- FAIRIFELD TOURNAMENT OF CHAMPIONS**

**Competitions are Mandatory.** *If a student must leave early and be picked up by an guardian, a note must be given to Jamie, Candice, Jason or Shirley prior to the date of the competition who will relay the information to the head chaperone.*

## **ATTENDANCE POLICY:**

ATTITUDE, ATTENDANCE, and ABILITY make up the 3 components to a successful program. Attitude makes up 70% of success, while Attendance makes up 20%, and natural Ability is 10%. This is important to realize as we strive for success.

2 Unexcused Tardies = 1 Unexcused Absence

3 Unexcused Absences = Cut from the team

Excused Absence examples: Illness, family emergency, Once-In-A-Lifetime events that have been previously cleared by the staff, etc.

Unexcused Absence examples: Homework (time-management is important), B-Day parties, minor illness with no communication.

**Parents, please attempt to schedule any medical/dental appointments outside of our rehearsal time if at all possible.** It is understandable that sometimes this cannot be done, but with a large group of students and 2 staff members, it is essential that we all do our best to be at every rehearsal. **The main point is that communication is important and I'll try to be flexible when you are communicating with me. Excused absences must be cleared 24 HOURS in advance. If you are sick, your parent must contact me (Jamie) via e-mail or phone before rehearsal.**

## **ACADEMIC POLICY:**

In order to participate in the Benicia Middle School Color Guard, you must maintain a 2.0 GPA and pass all classes with at least a "C" or better. Grade checks will be performed bi-quarterly. If you are failing in a class, you will be put on probation, and will be required to show weekly progress reports until the next grading period. At that point if you are still not able to meet the minimum expectations, you will no longer be able to participate with the Color Guard. If improvement is apparent, your participation may continue. ***I strongly suggest that you bring all homework to rehearsals and study with your guard family to keep your grades up!***

## **DRESS CODE:**

Color Guard dress attire must be flexible dancewear, preferably form-fitting. Black tights with shorts, jazz pants, basketball shorts, etc. are acceptable. We must be able to see the lines that your body creates, please avoid loose, baggy clothing such as sweats or pajama pants if possible. If the weather calls for something otherwise, exceptions will be made. Dance/athletic shoes are required at all practices. Students may wear split-sole jazz performance shoes during rehearsal. Rehearsals that are indoors will be barefoot on the floor, as we use a take on the Modern Dance Technique. **Hair must be pulled back and out of face at all times for safety reasons.** Ponytails, buns, headbands etc. are all acceptable for rehearsal.

**During Competition Season: *Students in uniform are not permitted to have any visible piercings or hair color. Please plan accordingly. I try to be more flexible during winter season, depending on the theme.***

### **COMPETITION PREP:**

For Marching competitions, the girls will arrive at the school with make-up and hair done but will need all the items with them for touch ups. They will also need to have on their white leotard, nylons, white socks, blue briefs, blue zippered sweatshirt and black sweats.

### **SUPPLY LIST:**

**Parade makeup:** *(The following can be found on [www.amazon.com](http://www.amazon.com) so you may want to check there first!)*

Foundation - **to match skin color**

Blush - **NYX High Definition Blush Pro in "Baby Doll"**

Eyeshadow -**NYW Nude Matte Shadow in "Betrayal"** (for returning students you can still use the previous year color "**UNDERNEATH IT ALL- COOL SOFT BROWN**")

Lipstick - **NYX Santa Paulo**

Black eyeliner - **any brand**

Black mascara - **any brand**

**Other things needed:** Small standing make-up mirror, Make-up applicators Make-up removers, Brush/Comb, Hair spray and gel (super hold) Bobby pins (regular and heavy duty to match hair color) Panty hose (sheet waist - skin color two pairs)

**Ordered through BMS Band Boosters:** Flag, Flag Silk, Rifle (optional), Sabre (optional), Guard Sweatshirt, Guard Briefs, Black Guard Sweats, Flag Bag, Gloves

**Weapon orders made only at the beginning of each season but you buy your own at [www.designsbyking.com](http://www.designsbyking.com) New- Rifle- King 36" Sabre- Excalibur Sabre- [www.bandshoppe.com](http://www.bandshoppe.com) (Old style rifles may still be used if that's what you have, sabres may be checked out from school. We will be purchasing some for student use, though having your own equipment is highly recommended.)**

**Purchase on your own:** Black dance/yoga pants (form-fitting to the leg, shorts with black tights OK), Guard Bag (Duffel bag to hold tape, snacks, water, rehearsal clothes), 1 Roll White Electric Tape at all times, 1 Roll Black Electric Tape at all times, Sun Block, Hair Ties/Bobby Pins, Water at all times & Healthy snacks for break time.

**Parents-** *Please feel free to contact Jamie with any questions you might have!*

## **BMS Color Guard Communication Guide**

**We use the “REMIND” APP! Available on smart phones. Please download this app for the latest, up-to-date information, and for a direct communication channel with me if anything comes up.**

**JOIN HERE- [www.remind.com/join/bmscolorgd](http://www.remind.com/join/bmscolorgd)**

The secondary method of communication for the BMS Color Guard will be through the BMS Band website. You can find all competition dates, parent meetings, and other important information posted by the BMS Band Booster Board.

If your student will miss rehearsal and or is sick, please e-mail or text Jamie at least 24 hours in advance for rehearsal planning purposes.

**If there is a conflict with one of the performances, please communicate with Jamie as soon as possible, for planning purposes.**

**NEW- Anything attendance related must be communicated directly to Jamie from the child’s parent, no exceptions. If there are parent-related questions, please reach out to Jason Austin or Shirley Manasan.**

**Volunteering:** BMS Band Boosters is a parent-operated non-profit 501©3 organization dedicated to supporting the needs of music students at Benicia Middle School. This organization cannot exist without your help! BMS Band Boosters will contact you regarding volunteer opportunities in different capacities. We highly encourage you to attend BMS Band Booster Meetings, typically scheduled on the second Tuesday of each month at 7pm at BMS to stay in the know with our program! **Be sure to check the booster website, [www.beniciabands.org](http://www.beniciabands.org), for the most up-to-date information.**

### **Staff Contact Info:**

**Candice Crismond - BMS Band Director**  
[ccrismond@beniciaunified.org](mailto:ccrismond@beniciaunified.org)

**Jamie Roman- Color Guard Caption Head**  
[BlissSoulVitality@gmail.com](mailto:BlissSoulVitality@gmail.com)  
(707) 430-7007

**Conrado Escudero- Technician**  
[escuderoc2000@gmail.com](mailto:escuderoc2000@gmail.com)

**Jason Austin- Color Guard Lead Parent Rep**  
[colorguard@beniciabands.org](mailto:colorguard@beniciabands.org)  
(707) 280-2893

**Shirley Manasan- Color Guard Parent Rep**  
[Sdmanasan@hotmail.com](mailto:Sdmanasan@hotmail.com)

**BMS Color Guard Member Information Sheet 2019- 20**

Name\_\_\_\_\_

Grade\_\_\_\_\_ Age\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ Zip Code\_\_\_\_\_

Home Phone \_\_\_\_\_

Student's Cell Phone\_\_\_\_\_

Student's e-mail address\_\_\_\_\_

Parent/Guardian 1 Name\_\_\_\_\_

Parent/Guardian 1 Work Phone\_\_\_\_\_

Parent/Guardian 1 e-mail address\_\_\_\_\_

P/G 2 Name\_\_\_\_\_

P/G 2 Phone\_\_\_\_\_

P/G 2 E-mail address\_\_\_\_\_

Do you have dance experience? \_\_\_\_\_

How did you hear about BMS Guard? \_\_\_\_\_

Medical/Learning Conditions for staff to be aware of: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*If your student has additional needs, please reach out to Jamie for more info.

-----

**I choose to participate in the Benicia Middle School Color Guard and commit to the team for the Fall 2019 competitive season (effective now-November 18, 2019.)**

**I understand and have read the above materials, and will adhere to all policies and procedures listed, as well as all BUSD/BMS school rules while in the Benicia Middle School Color Guard.**

Student: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_